Getting the best from all your employees.

Autism Matters Autism Awareness Sessions

We all aspire to the win/win situation when employees are happy and give of their best and there is good communication between managers and the staff they manage.

Some people, including some very talented people, can be very difficult to work with. Some such people are autistic. Autism is a common, invisible condition that affects more than 1% of the population, yet most autistic adults are undiagnosed.

Autism can confer considerable strengths; creative thinking, systemic overview, attention to detail, reliability, however there are some challenges associated with the condition that can prevent autistic people giving of their best. Understanding autism enables employers to communicate better with their employees and provide an environment that facilitates excellent work.

Autism Awareness training session can help you identify **how autism might be affecting your workplace**

The session considers:

- How many people in your organisation might be autistic
- Creating environments that help autistic people give of their best
- Capitalising on the unique talents of a diverse workforce
- Communicating with autistic people
- Accommodating different ways of organising and different degrees of flexibility.

The session is delivered utilising variety of methods including, group work, discussions, and presentation.

Feedback

My understanding of Autism was greatly deepened by Caroline's workshop. It is invaluable information and understanding for my work, and for my life, since Autism is quite a common condition and is grossly misunderstood and stigmatised in society. I believe that Caroline's trainings, if carried out on a larger scale, could help to de-stigmatise Autism and increase productivity and working relations in so many groups and organisations in which people on the Autistic Spectrum participate. Jake Colman Director London Roots Collective

To discuss training to meet the needs of your organisation contact Caroline. caroline@autismmatters.org.uk phone 07423 390 004

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